



# Step 2:

## Permission to Dream

### *What do you want?*

What does "OVERFLOW" look like for you? What results are you looking to manifest in your life! Get super clear about what you want your life to look like! Not what your husband says, not what your momma says... not what social medial says! No! This is DEEPLY personal, and you must be extremely intentional! Say it, visualize it and Write it down!

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Use the "Harmony Wheel" to guide you! What does Harmony look like, feel like? Give yourself the grace, space and permission to dream and actually admit to yourself WHAT YOU WANT! You will have what you say! Matt 7:7-8 is your promise! And you become what you most think about! Let's GO!