



Step 3 (Remix)

Permission for the Vision

Set and slay your goals!

When it comes to our dreams and goals, we have to set the vision and make it plain (Habakkuk 2:2), and DETATCH from the "HOW"! It is not our job to figure out all of the details. **STOP TRYING TO FORCE THE RESULTS!!!** That's God's job! He has the blueprint! Our only job is to get into alignment (**faith with works**) and ensure our words and actions line up with what He says! Remember, we have the vision, The "HOW" is up to God! And the "How" comes in the form of opportunities to manifest the overflow we desire! It's our job to get into alignment to notice those moments and **SAY YES!**

In what areas have you been trying to force what you want? In what areas are you letting go of the how?

Bonus! Take some time to visualize your life! Close your eyes and take in several deep breaths! Take one of the goals you've set for your life and begin to VISUALIZE what that looks like! Who, what where? What smells, what do you see? Literally get as detailed as possible! And take it a step further and write it down! Remember, this is not about trying to figure out the "how" you'll get there! Remember that's God's job!



Step 3: Permission to Slay

Set and slay your goals!

Now that you know what you want, set goals that will fuel and lead to that desired life! These goals have nothing to do with HOW, but rather are the "what I can do" goals! What do you need to do to get into alignment to manifest overflow! The "how" is up to God! Let's start with one area from the "Harmony wheel"!

Example: **More intimacy with your spouse!**

The "What I can do" goals may be:

1. you greet your spouse every evening with a kiss and embrace
2. shower before bed every night! Mental release!
3. have cute lounge wear to wear around the house so that not only you feel good about yourself but your spouse enjoys the view!
4. Communicate how you're feeling for the day and vice versa! Being heard is a great intimacy boost!
5. SLEEP NAKED (it works lol)

These are just a few examples of the "**what I can do**" goals! The How is up to God! The how could be an opportunity to get it in in the kitchen, with a great conversation! Or cuddled for pillow talk while the baby is miraculously sleeping earlier than usual! It could be anything... be open and watch GOD work out HOW it happens!



Step 3: Permission to Slay

Set and slay your goals!

What are 3 **"What I can do"** goals you can set this week to support your life you desire?

What are the 3 main NONNEGOTIABLE **"what I can do"** goals you can set daily?

Remember! M.O.R.E has nothing to do with pumping up our "to do do lists! It's all about alignment! Literally designing your life in such a way that you manifest overflow! There is overflow is "missing out" and removing the things that no longer serve who we are or more importantly... who we want to become! So set your goals and SLAY! Remember this is deeply personal!